



The Colorado Health Foundation™

# At the Heart of the Matter

AT THE **Heart** OF THE **Matter**

**People + Power  
= Possibility**

**Thursday, Feb. 23, 2023**

Noon – 1:30 p.m. MT  
Speakers: Karen McNeil-Miller  
and Eric Liu

We all have the power to create change! Understanding and exercising your power is fundamental to advancing racial and health equity and dismantling systems that perpetuate inequity. To discuss power, we must first understand what it is, who has it, and why and how we can generate power to make the change we want.

[REGISTER TO ATTEND](#)

## Be the First to Know

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Questions about this event series? [Contact us](#).

## In the Series

Check out all "At the Heart of the Matter" events, listed below, to view recordings and

The poster features a blue and teal background with a yellow banner at the top. The text is arranged in a clear hierarchy, with the event title in a large, bold font. The date and time are prominently displayed in yellow and white. The speaker's name is listed at the bottom. The logo for 'The Colorado Center for Health Equity' is visible in the bottom right corner.

**AT THE Heart OF THE Matter**

# People + Power = Possibility

**Thursday, Feb. 23, 2023**

Noon – 1:30 p.m. MT  
Speakers: Karen McNeil-Miller

The Colorado Center for Health Equity

## [At the Heart of the Matter: People + Power = Possibility](#)

Thu, Feb 23 2023, 12 - 1:30pm

At the Heart of the Matter

Health Equity

Power



# The Right Relationship with Change



adrienne  
maree brown



Karen  
McNeil-Miller

## At the Heart of the Matter: The Right Relationship with Change

Wed, Mar 16 2022, 12 - 1:30pm

At the Heart of the Matter

Race/Racism





At the Heart of the Matter  
**The Hate Stops  
Here: Addressing  
Anti-Asian Acts**

**| Thursday, May 20 |**

**At the Heart of the Matter: The Hate Stops Here: Addressing Anti-Asian Acts**

Thu, May 20 2021, 12 - 1:30pm

**Race/Racism**

**Health Equity**





# At the Heart of the Matter: **Belonging is an Antidote to Racism**

**| Tuesday, February 23 |**

## At the Heart of the Matter: Belonging is an Antidote to Racism

Tue, Feb 23 2021, 12 - 1:30pm

At the Heart of the Matter

Race/Racism





At the Heart of the Matter

# Your Turn at the Mic

| Monday, December 7 |

## At the Heart of the Matter: Your Turn at the Mic

Mon, Dec 7 2020, 12 - 1:30pm

At the Heart of the Matter

Community Engagement





At the Heart of the Matter

# Faces of the Frontline

| Wednesday, October 28 |

## At the Heart of the Matter: Faces of the Frontline

Wed, Oct 28 2020, 12 - 1:30pm

At the Heart of the Matter





At the Heart of the Matter  
**A New Generation  
of Good  
Troublemakers**

**| Wednesday, September 30**

**At the Heart of the Matter: A New Generation of Good Troublemakers**

Wed, Sep 30 2020, 12 - 1:30pm

**At the Heart of the Matter**

**Youth and Young Adult Resiliency**





At the Heart of the Matter  
**Fierce, Fearless  
Women Leading  
Social Change**

**| Wednesday, August 26 |**

**At the Heart of the Matter: Fierce, Fearless Women Leading Social Change**

Wed, Aug 26 2020, 12 - 1:30pm

**At the Heart of the Matter**

**Women**





# At the Heart of the Matter Our Race Shapes Our Realities

**[ Thursday, July 23 ]**

## At the Heart of the Matter: Our Race Shapes Our Realities

Thu, Jul 23 2020, 12 - 1:30pm

At the Heart of the Matter

Champion Health Equity

Race/Racism

