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# **Perspectives on Adult Recovery in Rural and Frontier Colorado: A Look at Lived Experiences, Practices, and Systems**

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The Colorado Health Foundation partnered with Westat to commission a report, *Perspectives on Adult Recovery in Rural and Frontier Colorado: A Look at Lived Experiences, Practices, and Systems*, which shines a light on the recovery experiences of Coloradans living on low income in rural and frontier areas. Personal stories from people with lived recovery experience and in-depth interviews with mental health and substance use providers helped us better understand the recovery experience – from personal, professional and systems perspectives. The report examines these perspectives through a systems lens and lifts up opportunities to guide future systems change.

## Source

[Perspectives on Adult Recovery in Rural and Frontier Colorado: A Look at Lived](#)

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Focus Areas