



Visual Guide to the PE Issue

Sometimes the best way to watch kids getting physically active is in moving pictures. So check out our Health Elevations video story on students in places like Colorado Springs District 11 using innovative climbing walls and other techniques to build their fitness levels and outdoor savvy.

This video was originally created as a companion to the Winter 2015 issue of Health Elevations.

TYPE

Story

POST DATE

Jan 1, 2015

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