



The Colorado Health Foundation™

## Colorado KaleidosCOPE: The Center for Mental Health - Recovery is Possible

Elizandra's amazing story resonates with many. Bullying, rejection and depression mar her past, but it's her easy smile and hopeful disposition that catches your attention. Recovery is possible and through recovery, an abundant life.

*This video was originally created as part of the 2011-16 Colorado KaleidosCOPE statewide storytelling campaign.*

### **TYPE**

Story

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