



Voices for Health: A Symposium Podcast Series

At the 2018 [Colorado Health Symposium](#), we invited attendees – participants, speakers and policymakers alike – to join us and bring their voice to the important and pressing conversation of behavioral health. We heard stories, both personal and professional, highlighting the complex ecosystem of behavioral health, and the tireless commitment of those working to improve the health and well-being of all Coloradans.

Our podcast series, [Voices for Health](#), includes three episodes, including two that feature commentary from keynote speakers. Our third episode features the voices of attendees as they reflect on conference highlights and ways in which they have been touched by the behavioral health crisis.

Read recent blog posts from our President and CEO Karen McNeil-Miller on [affirmations](#) and [lessons learned](#) from the conference, and be sure to check out our [livestream](#).

If you or someone you know is experiencing mental or behavioral health challenges, [here are some resources](#) to help.

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