The Colorado Health Foundation™

Transgender and Nonbinary Young People Belong in Colorado

To all the transgender and nonbinary young people in Colorado: The Colorado Health Foundation has your back. Political rhetoric can make it feel like your lives are up for debate. But we want you to know, you belong here, and your health and wellbeing matter. Coloradans share far more than divisive rhetoric leads us to believe. We want our neighbors, families, and children to be safe, supported, and healthy, and we want to address the real concerns facing our state, like the rising cost of living, unaffordable housing, and access to healthcare.

At The Colorado Health Foundation, we are committed to advancing health equity for transgender and nonbinary Coloradans. Guided by our mission to improve the health of all Coloradans, we believe everyone deserves safety, dignity, and access to the care they need to be healthy, and that healthcare decisions belong with patients, families, and their healthcare providers. Your health and wellbeing strengthen all of us.

Here is a list of mental health and wellness resources:

For LGBTQIA+ young people who need immediate assistance:

- The Trevor Project

For transgender people of all ages who need immediate assistance:

- The Trans Lifeline

Community Support Groups:

- Queer Asterisk
- Fireweed Collective Virtual Groups
- Yarrow Collective peer support groups
- Trans Center of the Rockies Groups
- Prism Community Collective

LGBTQ+ Affirming Therapists:

- Queer Asterisk
- iAmClinic
- Umbrella Collective
- Therapist of Color Collaborative
- Denver Family Institute

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Blog

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