



The Colorado Health Foundation™

# Together

## Creating Healthy Schools

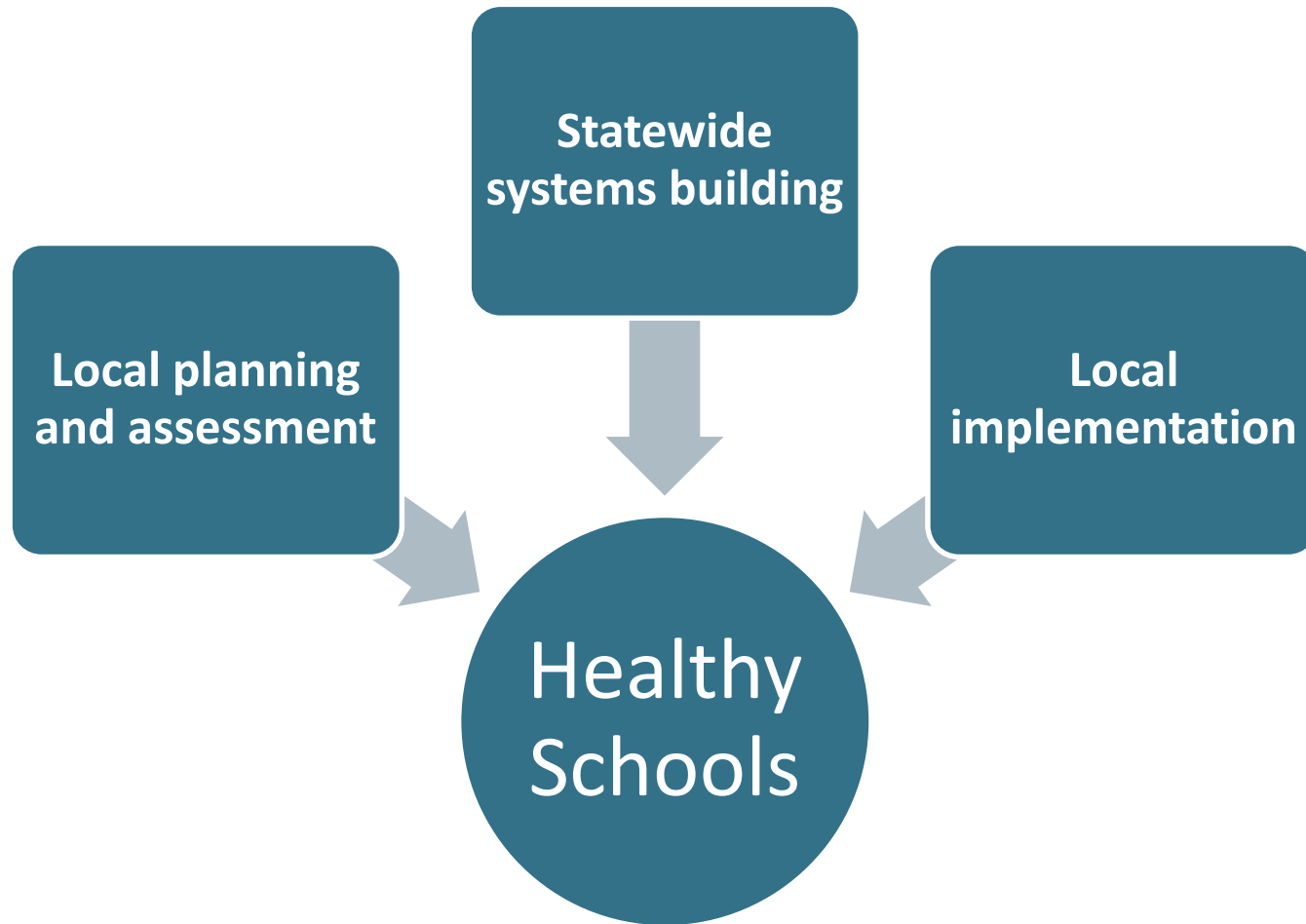
Tiffany Perrin, program officer, Colorado Health Foundation

Tuesday, Dec. 8, 2015



# Healthy Schools







## Local planning and assessment

**Proposals will focus on:** Local planning, capacity-building and community collaboration processes:

- Comprehensive PA
- Supportive nutrition environments and healthy food and beverages
- Cultures in schools are supportive of student and staff health and wellness
- Health education
- Student health services
- Student behavioral health needs





## Eligibility requirements:

- Must participate in the National School Lunch Program (NSLP)
- Charter and Innovation schools if they participate in NSLP or provide meals that meet Healthy Hunger Free Kids nutrition standards.
- Groups of charters can include:
  - A coalition or network of schools
  - A group of two or more schools with a formal relationship





## Proposals should include:

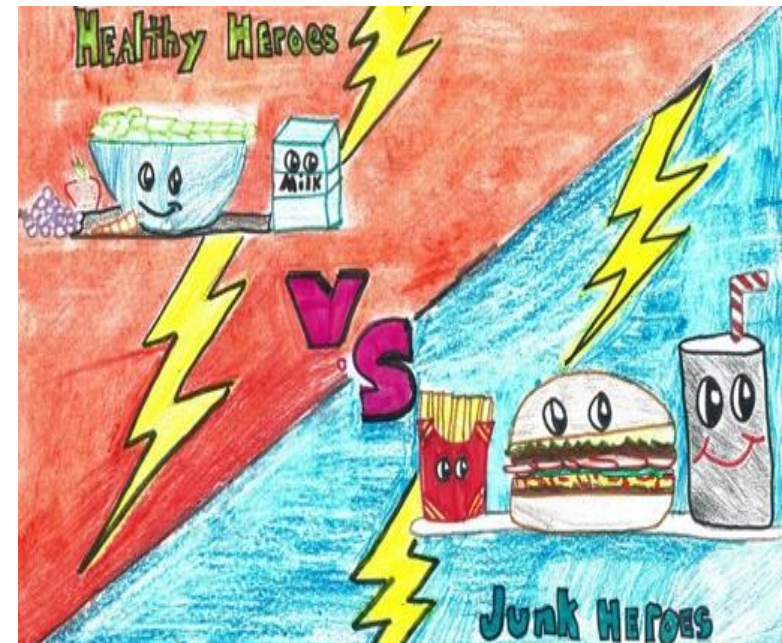
- Physical activity
- Healthy food and beverages
- Support student and staff health and wellness
- Health education
- Student health services
- Student behavioral health needs
- Comprehensive school health and wellness plan
- Be developed with input of students, families, teachers
- Leadership support
- Align with Whole School, Whole Community, Whole Child model



## Local implementation

**Proposals will focus on:** Youth friendly and equitable on at least one of the following:

- Comprehensive PA programs
- Supportive nutrition environments and healthy food and beverages
- Cultures in schools are supportive of student and staff health and wellness\*
- Health education\*





## Eligibility Requirements:

- Must participate in the National School Lunch Program (NSLP)
- Must have existing comprehensive school health and wellness plan
- Must have evidence of high need at a district level
- Districts with 40-50% FRL may be considered high-need and eligible for grant
- Districts below 40% FRL are not eligible for full implementation grants but may be eligible for matching dollars depending on level of need and district size.





But which one AM I??



# Comprehensive School Health and Wellness plans are expected to:

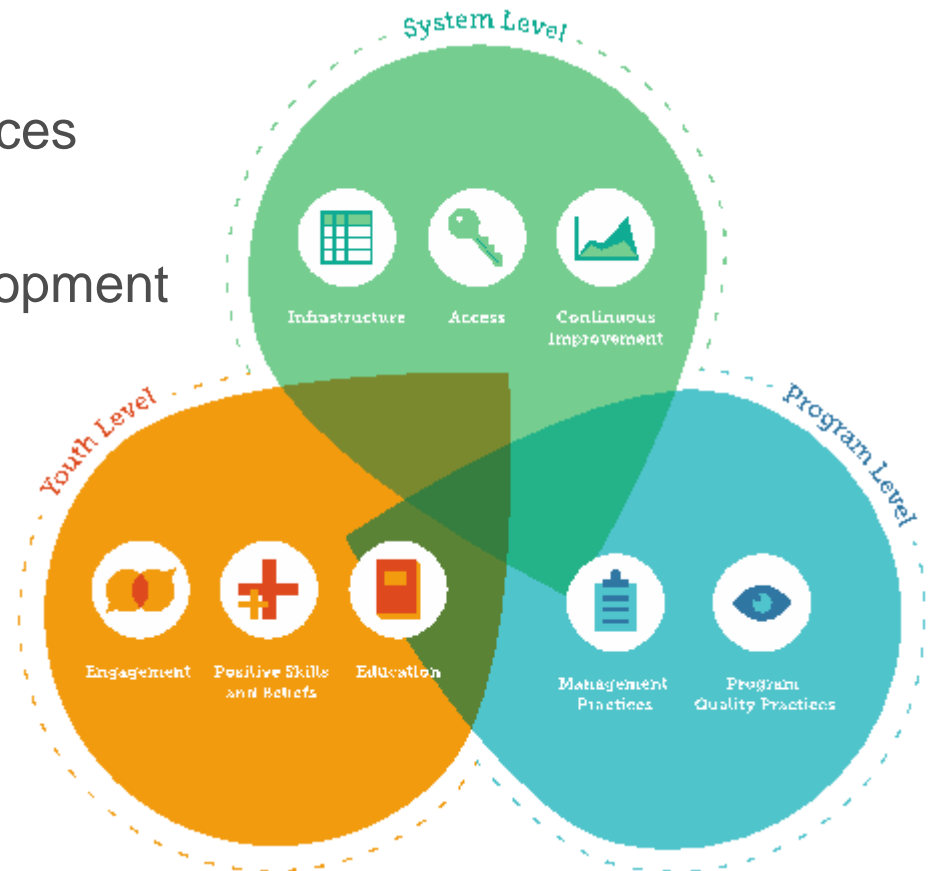
- Address
  - Physical activity
  - Healthy food and beverages
  - Support student and staff health and wellness
  - Health education
  - Student health services
  - Student behavioral health needs
- Input from students, families, teachers and other relevant stakeholders
- Leadership support
- Incorporate evidence-informed, culturally-relevant best practices
- Align with WSCC model



# Statewide system building

## Proposals will focus on:

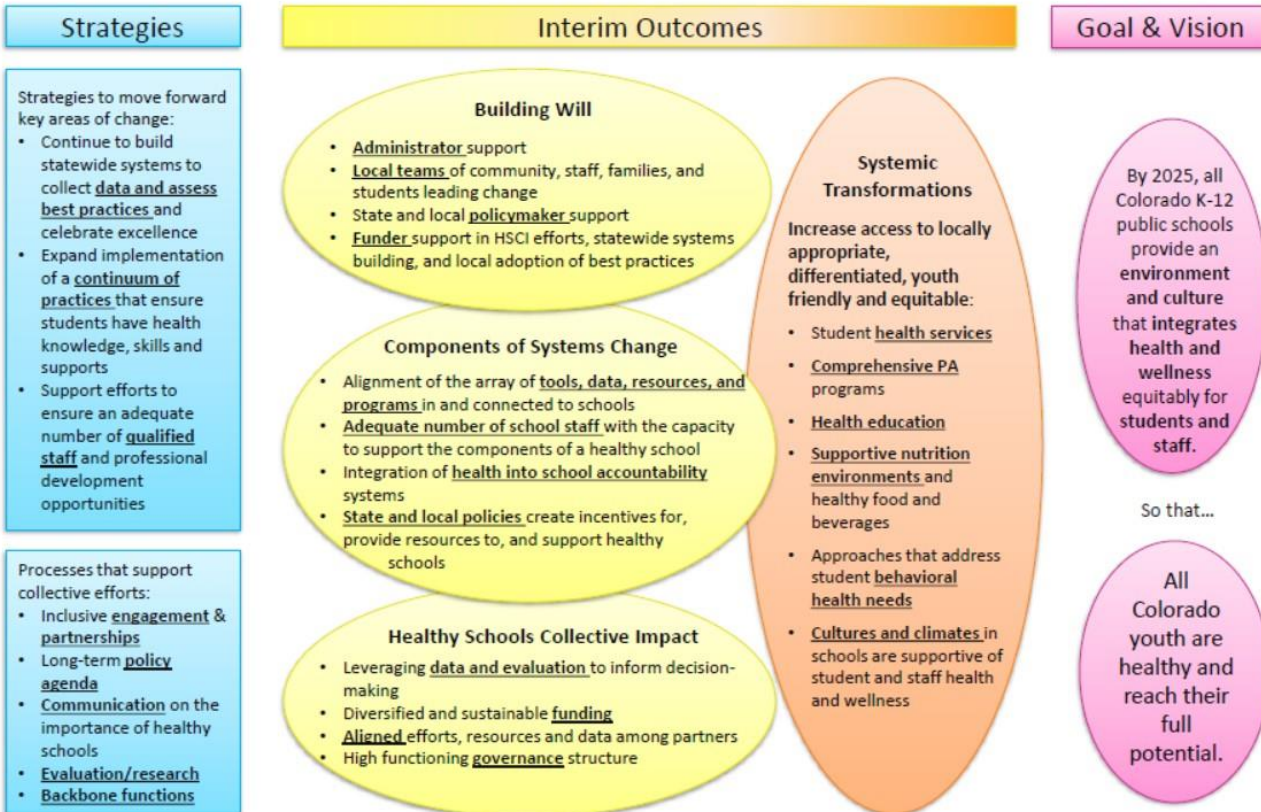
- Data & Assessment of Best Practices
- Continuum of Practices
- Qualified Staff/Professional Development
- Communications & Marketing
- Policy Agenda
- Research





## Healthy Schools Collective Impact: Theory of Change

Overall approach and outcomes that advance health equity, recognize and respond to differentiated needs, and help schools meet their educational goals





## Evaluation

- We encourage you to participate in and use the learning from some of the existing data systems, such as **Smart Source** and the **Healthy Kids Colorado survey**.
- You will be asked to participate in a minimal amount of evaluation activities, such as the occasional survey or interviews as well as reporting on your key activities and outcomes.





Questions? Or to discuss your proposal ideas, contact:

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