Creating Healthy Schools
Tiffany Perrin, program officer, Colorado Health Foundation
Healthy Schools

Every child deserves a healthy school.
Healthy Schools

Statewide systems building

Local planning and assessment

Local implementation
Local planning and assessment

Proposals will focus on: Local planning, capacity-building and community collaboration processes:

- Comprehensive PA
- Nutrition environments and healthy food and beverages
- Cultures in schools are supportive of student and staff
- Health education
- Student health services
- Student behavioral health needs
Proposals should include:

- Physical activity
- Healthy food and beverages
- Support student and staff health and wellness
- Health education
- Student health services
- Student behavioral health needs
- Comprehensive school health and wellness plan
- Be developed with input of students, families, teachers
- Leadership support
- Align with Whole School, Whole Community, Whole Child model
Local implementation

Proposals will focus on: Youth friendly and equitable on at least one of the following:

• Comprehensive PA programs
• Supportive nutrition environments and healthy food and beverages
• Cultures in schools are supportive of student and staff health and wellness
• Health education
Proposals should include:

- **Address:**
  - Physical activity
  - Healthy food and beverages
  - Support student and staff health and wellness
  - Health education
  - Student health services
  - Student behavioral health needs

- **Input from students, families, teachers and other relevant stakeholders**
- **Leadership support**
- **Incorporate evidence-informed, culturally-relevant best practices**
- **Align with WSCC model**
Grant Application

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Proposals Narrative:

• Suggested max of 1000 words
• What you will do and how you will do it
• Stakeholder engagement
• Evidence of leadership support and engagement
• Use data
• Evidence-informed, culturally relevant best practices
Proposals Narrative:

• Use of strategies based on different needs
• Alignment of district offices, funding streams and practices in support of the proposed work
• Populations served - how many people are will benefit?
• Potential risk
**Required Documents**

- Line-Item Budget Form
- Budget Narrative
- List of your Board of Directors
- List of key staff
- Current operating budget
- Current financial statements
- Audited financial statements

**Optional Documents**

- Fiscal sponsor documentation (audited financials, MOU)
- Comprehensive school health and wellness plan (for local planning & implementation proposals)
Healthy Schools Collective Impact: Theory of Change

Overall approach and outcomes that advance health equity, recognize and respond to differentiated needs, and help schools meet their educational goals.

**Strategies**
- Continue to build statewide systems to collect data and assess best practices and celebrate excellence.
- Expand implementation of a continuum of practices that ensure students have health knowledge, skills and supports.
- Support efforts to ensure an adequate number of qualified staff and professional development opportunities.

**Interim Outcomes**
- **Building Will**
  - Administrator support
  - Local teams of community, staff, families, and students leading change
  - State and local policymaker support
  - Funder support in HSCI efforts, statewide systems building, and local adoption of best practices

- **Components of Systems Change**
  - Alignment of the array of tools, data, resources, and programs in and connected to schools
  - Adequate number of school staff with the capacity to support the components of a healthy school
  - Integration of health into school accountability systems
  - State and local policies create incentives for, provide resources to, and support healthy schools

- **Healthy Schools Collective Impact**
  - Leveraging data and evaluation to inform decision-making
  - Diversified and sustainable funding
  - Aligned efforts, resources and data among partners
  - High functioning governance structure

**Systemic Transformations**
- Increase access to locally appropriate, differentiated, youth friendly and equitable:
  - Student health services
  - Comprehensive PA programs
  - Health education
  - Supportive nutrition environments and healthy food and beverages
  - Approaches that address student behavioral health needs
  - Cultures and climates in schools are supportive of student and staff health and wellness

**Goal & Vision**

By 2025, all Colorado K-12 public schools provide an environment and culture that integrates health and wellness equitably for students and staff.

So that...

All Colorado youth are healthy and reach their full potential.

Prepared by Spark Policy Institute | www.sparkpolicy.com/tools
Evaluation: 500 words

- Max of 500 words
- This section should answer the following question:
  - What do you expect to be the ultimate result(s) of your grant activities?
  - What is the timeline for the work and what are the expected milestones that will ultimately lead to your desired results?
  - What evidence will you have to show that the activities took place as described and that the milestones were reached?
Questions? Or to discuss your proposal ideas, contact:

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