



The Colorado Health Foundation™

# Together

## Creating Healthy Schools

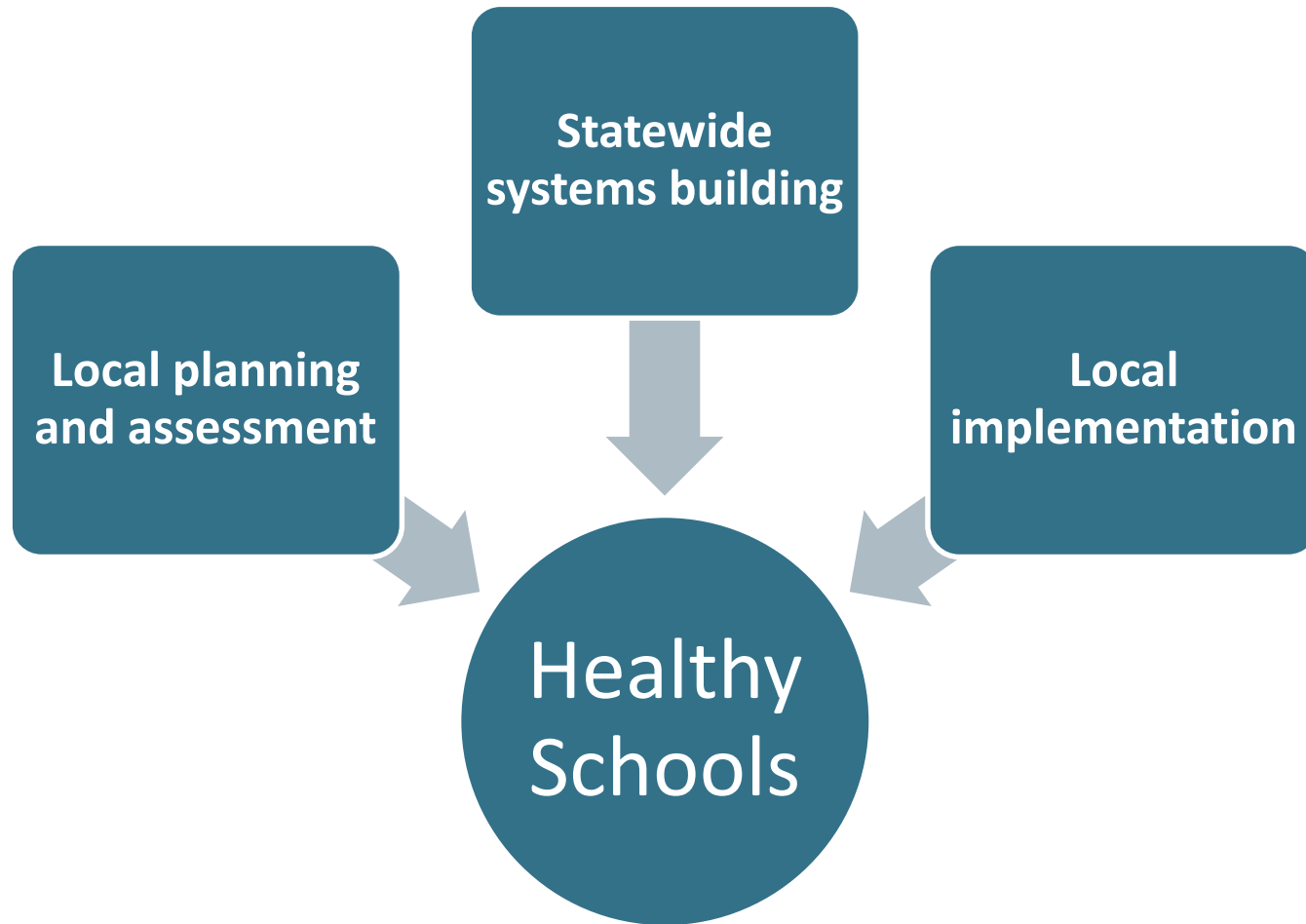
Tiffany Perrin, program officer, Colorado Health Foundation

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# Healthy Schools







## Local planning and assessment

**Proposals will focus on:** Local planning, capacity-building and community collaboration processes:

- Comprehensive PA
- Supportive nutrition environments and healthy food and beverages
- Cultures in schools are supportive of student and staff health and wellness
- Health education
- Student health services
- Student behavioral health needs





## Eligibility requirements:

- Must participate in the National School Lunch Program (NSLP)
- Charter and Innovation schools if they participate in NSLP or provide meals that meet Healthy Hunger Free Kids nutrition standards.
- Groups of charters can include:
  - A coalition or network of schools
  - A group of two or more schools with a formal relationship





## Proposals should include:

- Physical activity
- Healthy food and beverages
- Support student and staff health and wellness
- Health education
- Student health services
- Student behavioral health needs
- Comprehensive school health and wellness plan
- Be developed with input of students, families, teachers
- Leadership support
- Align with Whole School, Whole Community, Whole Child model



## Local implementation

**Proposals will focus on:** Youth friendly and equitable on at least one of the following:

- Comprehensive PA programs
- Supportive nutrition environments and healthy food and beverages
- Cultures in schools are supportive of student and staff health and wellness\*
- Health education\*





## Eligibility Requirements:

- Must participate in the National School Lunch Program (NSLP)
- Must have existing comprehensive school health and wellness plan
- Must have evidence of high need at a district level
- Districts with 40-50% FRL may be considered high-need and eligible for grant
- Districts below 40% FRL are not eligible for full implementation grants but may be eligible for matching dollars depending on level of need and district size.





But which one AM I??



# Comprehensive School Health and Wellness plans are expected to:

- Address
  - Physical activity
  - Healthy food and beverages
  - Support student and staff health and wellness
  - Health education
  - Student health services
  - Student behavioral health needs
- Input from students, families, teachers and other relevant stakeholders
- Leadership support
- Incorporate evidence-informed, culturally-relevant best practices
- Align with WSCC model

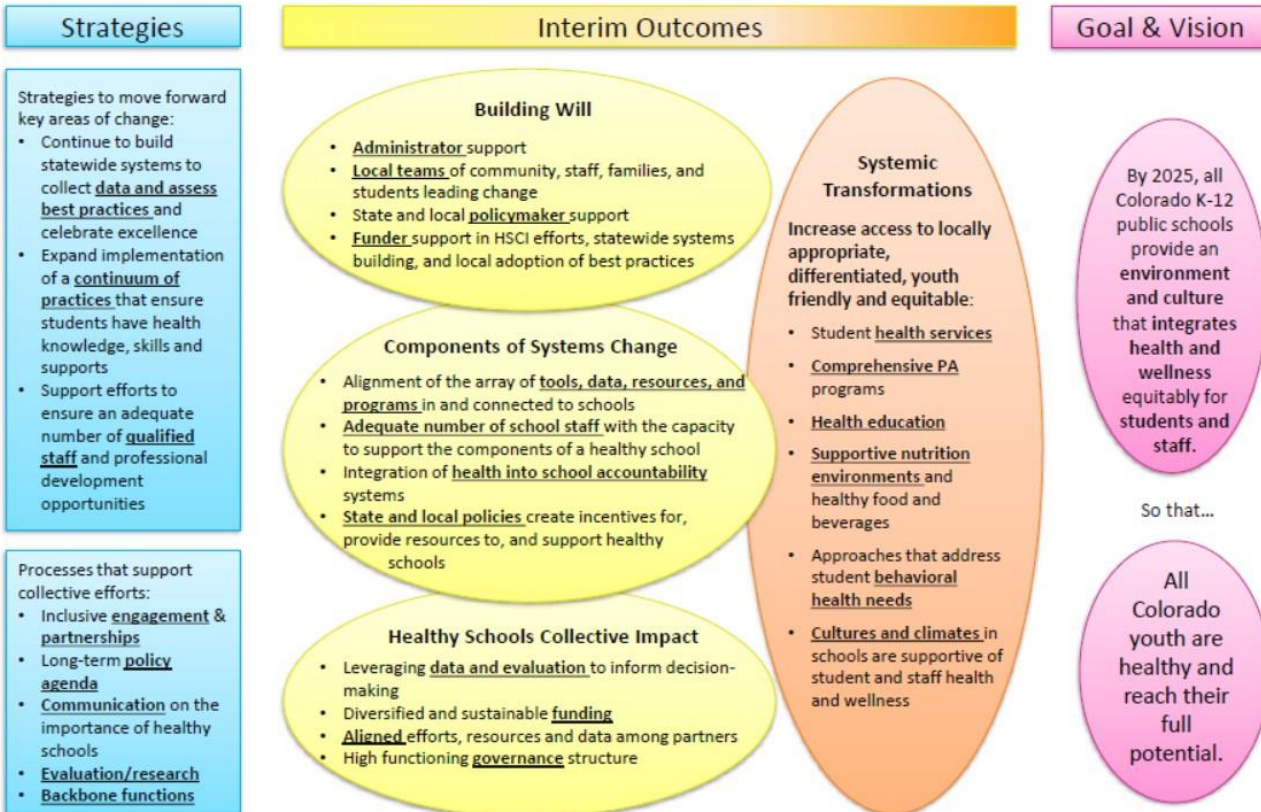


Free and reduced price lunch (FRL) participation									
District Size		0-25%			25-50%			50-100%	
Size	Number of Students	Planning Max Grant	Implementation Max Grant	Implementation Expected Match	Planning Anticipated max grant	Implementation Anticipated max grant	Implementation Expected match	Planning Anticipated max grant	Implementation Anticipated max grant
<b>Small I</b>	Less than 100	15,000	7,500	15,000	30,000	15,000	10,000	48,000	75,000
<b>Small II</b>	100 - 250	20,000	10,000	25,000	40,000	38,000	25,000	80,000	115,000
<b>Small III</b>	250 - 1K	30,000	15,000	30,000	55,000	55,000	50,000	120,000	150,000
<b>Med I</b>	1K - 10K	40,000	17,500	35,000	80,000	75,000	75,000	160,000	260,000
<b>Med II</b>	10K - 50K	45,000	20,000	40,000	120,000	110,000	100,000	240,000	375,000
<b>Large I</b>	50K – 75K	80,000	25,000	50,000	160,000	150,000	125,000	320,000	560,000
<b>Large II</b>	More than	120,000	35,000	60,000	240,000	185,000	150,000	400,000	750,000



## Healthy Schools Collective Impact: Theory of Change

Overall approach and outcomes that advance health equity, recognize and respond to differentiated needs, and help schools meet their educational goals





## Evaluation

- We encourage using existing data systems:
  - **Smart Source**
  - **Healthy Kids Colorado survey**
- Participate in a minimal amount of evaluation activities, such as the occasional survey or interviews as well as reporting on your key activities and outcomes.





Questions? Or to discuss your proposal ideas, contact:

Tiffany Perrin

[Tperrin@ColoradoHealth.org](mailto:Tperrin@ColoradoHealth.org)

303.953.3617