

# Pueblo City, Colorado

Health takes unique shape in every Colorado community. From access to affordable, healthy food to local health care providers, the makeup of a community dictates whether or not health is in reach for the people who call it home. This infographic is designed as a conversation starter to help better understand how health takes shape in Pueblo, Colorado. There are many more drivers of health than are featured here. We recommend using it in tandem with local stories and perspectives that will help these data come to life.

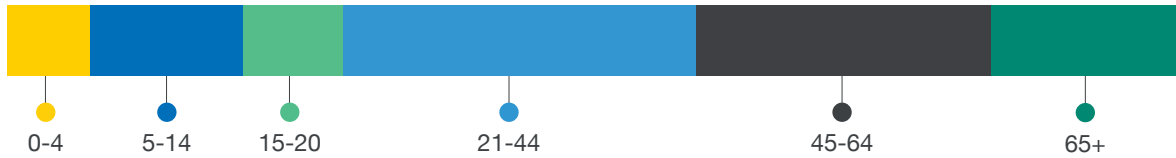
**PUEBLO TOTAL  
POPULATION**



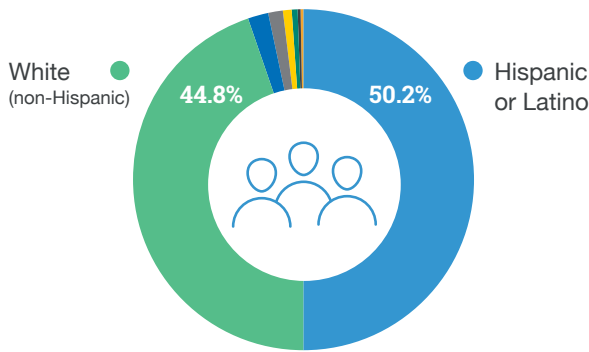
**COLORADO TOTAL  
POPULATION**

## AGE

The following captures local age breakouts by the population.

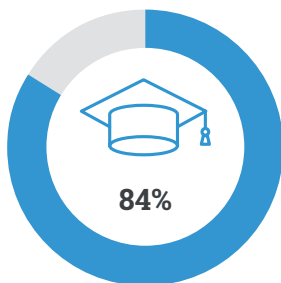


## DEMOGRAPHICS



- Two or more races **1.3%** (non-Hispanic)
- Asian **0.8%** (non-Hispanic)
- Black **2%** (non-Hispanic)
- American Indian and Alaska Native **0.7%** (non-Hispanic)
- Other race **0.2%** (non-Hispanic)
- Native Hawaiian and other Pacific Islander **0.1%** (non-Hispanic)

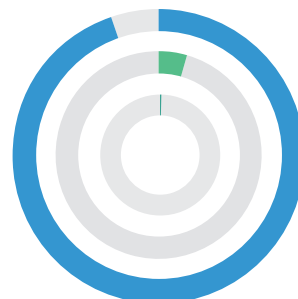
## HIGHEST DEGREE OF EDUCATION



**HIGH SCHOOL  
DIPLOMA  
OR HIGHER**

Colorado 92.7%

## LANGUAGES SPOKEN LOCALLY



|                                  | Pueblo       | Colorado |
|----------------------------------|--------------|----------|
| ● English                        | <b>94.9%</b> | 90.1%    |
| ● Spanish                        | <b>4.6%</b>  | 4.1%     |
| ● Other (not English or Spanish) | <b>.5%</b>   | 5.8%     |



## HEALTH INSURANCE

People who are uninsured do not have access to adequate or affordable health insurance.

Pueblo

5.8%

Uninsured

Colorado

5.1%

Uninsured

## HEALTH OUTCOMES




Being healthy is reflected in both our physical and behavioral health. The following indicators are a snapshot of the local story.

### PHYSICAL

|                      | Pueblo | Colorado |
|----------------------|--------|----------|
| Poor physical health | 17.9%  | 12.8%    |
| Diabetes             | 13.7%  | 6.8%     |
| Overweight and obese | 64.4%  | 56.4%    |

### BEHAVIORAL

|                    |       |       |
|--------------------|-------|-------|
| Poor mental health | 13.9% | 13.2% |
|--------------------|-------|-------|

|   | Pueblo   | Colorado |
|---|----------|----------|
|  <b>Food insecurity</b><br>State of being without reliable access to affordable, nutritious food.   | 57.9%    | 23.5%    |
|  <b>Housing cost burden</b><br>Percent of household income spent on mortgage or rent costs.   | 33.5%    | 40%      |
|  <b>Median household income</b><br>Income level earned by a given household where half of the homes in the area earn more and half earn less. | \$34,145 | \$61,324 |
| <b>Unemployment</b><br>Percent of unemployed residents in a county.   | 14.3%    | 3.5%     |

## RESIDENTIAL SEGREGATION

28.8

Colorado  
37.2

Indicates the physical separation of non-whites and whites in different neighborhoods with the index range of 100.

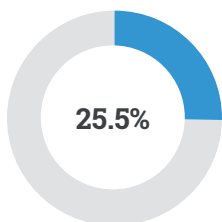
## VIOLENT CRIME RATE

906

Colorado  
317.5

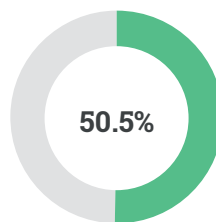
Number of violent crimes rated per 100,000 population.

## POVERTY



Below **100%** poverty

(Colorado 16.5%)



Below **200%** poverty

(Colorado 33.7%)

Data provided by the Colorado Health Institute.



[www.coloradohealth.org](http://www.coloradohealth.org)



The Colorado Health Foundation™