Denver #HealthiestCO Tour Events Rescheduled

The Denver region #HealthiestCO listening tour sessions have been rescheduled. Join us March 2 in Denver (Wellshire Event Center) or Brighton (Bella Sera Events Center), or on March 3 or March 7 in Denver (History Colorado Center) to share what being healthy means to you and your community.

If you registered for a previously scheduled event, please visit the registration page to update your registration. Select “view or change your existing registration.” If you have any questions or concerns, please contact Andrea Swan at 303.623.1540 x 160 or cotour@coloradohealth.org.

Read recaps of the tour visits or learn more about the tour at www.ColoradoHealth.org/COTour.
2016 Colorado Health Report Card
Showcases a Decade of Data

Released this week at the state Capitol, the 2016 Colorado Health Report Card marks 10 years of health data, ranking Colorado against other states using 38 health indicators and across five life stages – Healthy Beginnings, Healthy Children, Healthy Adolescents, Healthy Adults and Healthy Aging. A decade worth of data showcase progress made and challenges ahead. Ten-year trends reveal insurance coverage gains across multiple life stages, but underscore the growing need to address health disparities related to income, race and ethnicity.

• Healthy Beginnings: The number of moms-to-be receiving prenatal care has increased, but the percentage of children between 19 and 35 months who received all their recommended immunizations has dropped.

• Healthy Children: Only five percent of children remain uninsured, but those living in poverty is on the rise.

• Healthy Adolescents: Colorado teen birth rate continues to decline, but the number of teens living in poverty has increased.

• Healthy Adults: The percentage of uninsured adults dropped to 14.1, but those experiencing poor mental health has climbed.

• Healthy Aging: The number of older adults participating in physical activity has gone up, but the immunization rate for Colorado seniors has gone down.

Join the conversation on Twitter by using the hashtag #COHRC. Visit www.ColoradoHealth.org/ReportCard for more.
FRAC Study Suggests School Nutrition Programs Show Promising Outcomes

Recent research suggests that new federal standards for school meals are yielding positive results. According to the new brief by Food Research & Action Center (FRAC), school nutrition standards are improving the food offered in schools; reducing school meal disparities; and improving student nutrition-related outcomes. The brief looks at various national and school district studies to examine the impact of nutrition programs in U.S. schools. Evidence from these studies reveal that school meal programs are being successfully implemented and supported across the nation.

In Colorado, nutrition programs impact hundreds of thousands of children each day, ensuring that they receive the proper nutrition for healthy development, along with the energy needed to thrive in and outside of the classroom. Such programs support the Colorado Health Foundation's work in the Healthy Living outcome area, which seeks to ensure every kid in Colorado has the opportunity to eat healthy and engage in physical activity.

Read the FRAC brief and learn more about child nutrition programs in Colorado.

New Food Stamp Impact Report

Community resources like food stamps, federally known as the Supplemental Nutrition Assistance Program or SNAP, exist to ensure families and individuals can purchase food and access the nutrition needed to thrive. New data, released by Hunger Free Colorado, underscores unnecessary barriers to food stamp access and longstanding issues with program administration.

The "Food Stamp Impact Reports" for all 64 Colorado counties detail the efficiency and effectiveness of the state-supervised, county-administered program. View your county's impact report and learn more about solutions to address hunger across Colorado.

New Study Looks at Health Coverage and Access for Low-income Children

How well is Colorado’s health care system serving children in low-income families? A new Mathematica Policy Research study, funded by the Foundation, takes an in-depth look at
coverage and access for the state’s youngest residents living in poverty. Medicaid expansion and other policy reforms in Colorado have dramatically improved access to health coverage and services for children in low-income families. However, acute challenges remain in the areas of access to specialty care and more comprehensive services for behavioral and oral health.

Access the Colorado study to learn more. In addition to the Colorado analysis, issue briefs were conducted in two other states, California and Texas, and were funded by the David and Lucile Packard Foundation. A cross-state brief by Mathematica Policy Research is slated for publication at the end of the month.

Mark Your Calendar

#HealthiestCO Statewide Listening Tour
Now-March 2016

Next Foundation Grant Application Deadline
June 15, 2016