

Let's Talk About... Inequity



#17CHS



presented by

The Colorado Health Foundation™

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Dear Participant,

We believe that health is a basic human right. At this year’s Colorado Health Symposium, we invite you to join us at the table, to roll up your sleeves and to dig into civil discourse.

Let’s talk about... inequity.

The 2017 Symposium aims to draw health inequity out of the shadows and cast a light on why it is more critical than ever to address it. We challenge you to join our collective effort to tackle this pressing issue and to improve the health of Coloradans today, tomorrow and for generations to come.

Together, we will have a bold and civil conversation about what’s holding us back from bringing health in reach for all Coloradans.

Together, we will explore how to solve the patterns, policies and systems that create barriers to equity.

And together, we will work toward a shared vision that across Colorado each of us can say, “We have all we need to live healthy lives.”

So, let’s roll up our sleeves and dig in.

In Good Health,



Karen McNeil-Miller

President and CEO
Colorado Health Foundation

HEALTH EQUITY

The Colorado Health Foundation defines health equity as the opportunity for all individuals – regardless of one’s race, ethnicity, gender, sexual orientation, age, religion, socioeconomic status or other social conditions – to attain their full health potential.





August 2nd
Wednesday

Getting Inequity on the Table

What is inequity? Why does it matter? Why now?

On Day One, presenters will get inequity on the collective table — from race and ethnicity to gender, sexual orientation and socioeconomic status — so we can talk about and experience it, boldly and honestly.

7 – 8 AM

Registration — *Shavano Foyer*
Buffet Breakfast — *Shavano Foyer and Patio, Longs Peak*

8 – 8:15 AM

Karen McNeil-Miller
President and CEO, Colorado Health Foundation
@COHealthFDN

8:15 – 8:45 AM

Alan Weil: Morning Session Moderator
Editor-in-Chief, Health Affairs
@alanrweil, @Health_Affairs

8:45 – 9:15 AM

Manuel Pastor, PhD
Director, Program for Environmental and Regional Equity, University of Southern California
@Prof_MPastor

9:15 – 9:45 AM

Darrick Hamilton, PhD
Associate Professor of Economics and Urban Policy, The New School
@DarrickHamilton

9:45 – 10 AM

Break

10 – 10:30 AM

Jay Want, MD
Executive Director, Peterson Center on Healthcare and Former Chief Medical Officer, CIVHC
@jaywant1

10:30 – 11:15 AM

Discussion

11:15 AM – 12:30 PM

Lunch — *Shavano Foyer and Patio, Longs Peak*

12:30 – 1:30 PM

Sally Kohn
Columnist and Political Commentator
@sallykohn

1:30 – 1:45 PM

Break

1:45 – 3:45 PM

Exchange Sessions — *Grays and Quandary Peaks Rooms*

How Virtual Reality Will Impact the Future of Mental Health Treatment, Training and Prevention — *Grays Peak I*

Emerging virtual reality (VR) simulations have a variety of potential applications in the mental health field. They can be used to treat post-traumatic stress disorder and phobias by recreating experiences such as flying, attending a crowded party or serving as a soldier in a war zone. The immersive power of VR can also help build empathy by enabling people to experience life through the lens of others from different cultures, environments or socioeconomic status. Participants will learn about the decades of research that supports the effectiveness of VR in a wide range of health care applications and will see for themselves in hands-on VR experiences.

Facilitators: **Walter Greenleaf, PhD**, National Behavioral Health Innovation Center, and **Tobin Asher**, Stanford University Virtual Human Interaction Lab

Bold Moves to Address Inequity in Your Community: How Do You Show Up?

— *Grays Peak II*

What does health inequity look like to you and your community? During this session, participants are invited to share stories, examples and forms of health equity and inequity that show up in their communities. Takeaways include harvesting a list of bold actions to overcome injustice and sample templates to use back home.

Facilitator: **Shankland and Associates**

Capacity-Building Workshop: Incorporating Equity into Your Organization — *Grays Peak III*

Talking about equity can be difficult; walking the talk is even harder. How can professionals truly incorporate a focus on equity into their work and organizations? In this session, members of the Health Policy and Advocacy cohort will share their personal and organizational journeys promoting health equity. Participants will then meet in smaller groups and begin to incorporate tools and techniques for promoting equity in their own work and organizations.

Contributors: **Lynn Borup**, Tri-County Health Network; **Harry Budisidharta**, Asian Pacific Development Center; **Felicia Griffin**, FRESC: Good Jobs, Strong Communities; and **Jacy Montoya Price**, Colorado Children's Campaign

Facilitator: **Bill Fulton**, The Civic Canopy

Look Upstream: Health Begins Every Day — *Quandary Peak I*

Tried-and-true health improvement methods and innovative "health detailing" solutions will be adapted to help clinics and communities keep people healthy by addressing the living and working conditions that make them sick in the first place. Participants will learn how to translate this knowledge into meaningful action to improve care and the social determinants of health.

Facilitator: **Rishi Manchanda, MD**, HealthBegins

Federal Policy: Health Care and Beyond — *Quandary Peak III*

Interested in the current state of federal health care policies and the potential impact on Colorado? Following an overview of the latest and most relevant issues, the floor will be open to questions and a deeper discussion of how to navigate the political field through this defining time.

Facilitators: **Billy Wynne**, Thorn Run Partners, and **Kyle Legleiter**, Colorado Health Foundation

4:30 – 5:30 PM

Guided Hike — *Lakeside Village Adventure Center*

Yoga — *Poolside, Keystone Lodge*

Nia — *Quandary Foyer*

6 – 7 PM

Happy Hour: Policymakers Meet & Greet — *Shavano Foyer and Patio*

An opportunity to visit with your state legislators and other Colorado policymakers.

Entertainment: **El Sistema Mentoring Ensemble**

7 – 8:30 PM

Fireside Chat — *Castle Peak, 2nd Floor*

On June 17, 2015, a gunman opened fire at the Emanuel African Methodist Episcopal Church in Charleston, S.C., putting years of relationship-building between the community and police department to the test. This special evening program will delve into how community police relations can strengthen a community's long-term quality of life and safety.

Karen McNeil-Miller

President and CEO, Colorado Health Foundation

@COHealthFDN

Gregory G. Mullen

Chief of Police, Charleston, S.C. Police Department (Retired)



August 3rd
Thursday

Bringing Your Bias to the Table

Are we courageous enough to stir the pot on inequity?

On Day Two, we will dig in to a hearty discourse about how our values shape our perspectives on health inequity and how together, we can disrupt patterns that no longer serve us.

- 7 – 7:45 AM **Yoga** — *Studio K, Lakeside Village*
- 7:30 – 8:30 AM **Registration** — *Shavano Foyer*
Buffet Breakfast — *Shavano Foyer and Patio, Longs Peak*
- 8:30 – 8:45 AM **Jerome Davis**
Chair of the Board, Colorado Health Foundation
[@COHealthFDN](#)
- 8:45 – 9:15 AM **Karen McNeil-Miller: Morning Session Moderator**
President and CEO, Colorado Health Foundation
[@COHealthFDN](#)
- 9:15 – 9:45 AM **Kathleen Osta**
Regional Director, Midwest Region, National Equity Project
[@KathleenOstaNEP](#)
Hugh Vasquez
Senior Associate, National Equity Project
[@HughJVasquez](#)
- 9:45 – 10:15 AM **Susan Taylor Batten**
President and CEO, Association of Black Foundation Executives (ABFE)
[@SBatten](#)
- 10:15 – 10:30 AM **Break**
- 10:30 – 11 AM **Theo Wilson**
Founder, Shop Talk Live
[@Shop_Talk_Live](#)
- 11 – 11:45 AM **Discussion**
- 11:45 AM – 12:45 PM **Lunch** — *Shavano Foyer and Patio, Longs Peak*
- 12:45 – 1:30 PM **Eric Liu**
Founder and CEO, Citizen University
[@ericpliu](#)
- 1:30 – 1:45 PM **Break**

1:45 – 3:45 PM

Exchange Sessions — *Grays and Quandary Peaks Rooms*

How Virtual Reality Will Impact the Future of Mental Health Treatment, Training and Prevention – *Grays Peak I*

Please see Wednesday, Aug. 2 session description.

Our Hidden Brain: Keys to Interrupting the Impact of Implicit Bias — *Grays Peak II*

Implicit bias has come to be recognized as a powerful force that not only shapes individual actions but institutional policies and practices. This highly interactive session will look at three primary mechanisms that produce bias and increase understanding of how implicit bias manifests, how it perpetuates and what people can do to interrupt it with a vision for changing both individuals and systems.

Facilitators: **Kathleen Osta and Hugh Vasquez**, National Equity Project

At the HeART of Profound Conversations — *Grays Peak III*

Inspired by Peter Block's book title, "The Answer to How is Yes," this session will focus on a pattern of conversation that takes participants on a journey from surface to depth to encounter the heart of what matters and then back into the realm of action. Participants will be encouraged to expand their horizons and sharpen their observation skills while learning the four-level art of conversation. During the session, participants will acknowledge and respect differences, experience inclusion and build relationships as they make choices that matter to establish a foundation for active engagement. Everyone will receive the format of the four-level art of conversation, a notebook to jot down insights and a list of references for continuing exploration.

Facilitator: **Shankland and Associates**

Waiting for Health Equity: Exploring Racism, Poverty and Other Root Causes of Health Inequities — *Quandary Peak I*

The U.S. has a long, well-documented history of oppressive policies and practices that have led to significant and persistent health inequities or preventable differences in health outcomes across certain groups. To tackle these injustices, people must understand their root causes, such as institutional racism and poverty. In this session, participants will explore their shared history and reality in the context of the graphic novel "Waiting for Health Equity." They will walk away with a deeper understanding of the root causes and with ideas for moving beyond recognition toward building a proactive health equity movement.

Facilitators: **Joe Sammen and Maggie Gómez**, Center for Health Progress

Making Change Happen: A Conversation with Eric Liu — *Quandary Peak II*

Following today's lunchtime keynote, Eric Liu sits down for a conversation about how to make change happen. Are you ready? Do you understand power? And if you want to make change in the world, do you know how?

Facilitator: **Bill Fulton**, The Civic Canopy

Federal Policy: Health Care and Beyond — *Quandary Peak III*

Please see Wednesday, Aug. 2 session description.

4:30 – 5:30 PM

Guided Hike — *Lakeside Village Adventure Center*

Yoga — *Poolside, Keystone Lodge*

Nia — *Quandary Foyer*

6 – 8 PM

Dinner Reception — *Shavano and Longs Foyers and Patios*

Dr. Virgilio Licona Community Health Leadership Award Ceremony

Entertainment: **Flamenco Denver**

8 – 10 PM

Dancing — *Grays Peak I*

Deejayed music provided by Katherine Rosechild

Having a Place at the Table

How can we bring health in reach for all Coloradans?

On Day Three, we will explore what it means — and what it will take — for all of us to have a place at the table. We ask you to join us in building a movement across Colorado so each of us can say, “We have all we need to live healthy lives.”

- 7 – 7:45 AM **Yoga** — *Studio K, Lakeside Village*
- 7:30 – 9 AM **Registration** — *Shavano Foyer*
Buffet Breakfast — *Shavano Foyer and Patio, Longs Peak*
- 9 – 11 AM **Live Performances**
- Sarah Jones**
Playwright and Performer
@jonesarah
- Bobby LeFebre**
Word Architect, Performer and Cultural Worker
@BobbyLefebre
- Flobots**
Denver-Based Alternative Hip-Hop Band
@flobots
- 11 AM **Closing and Snacks to Go**





The Colorado Health Foundation™

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About the Colorado Health Foundation

The Colorado Health Foundation is bringing health in reach for all Coloradans by engaging closely with communities across the state through investing, policy and advocacy, learning and capacity building. For more information, please visit www.coloradohealth.org.



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1780 Pennsylvania St. • Denver, CO 80203 • phone: 303-953-3600 • fax: 303-322-4576

www.coloradohealth.org