Rapid Rehousing Plus Care: A unique model to permanent housing support.

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RAPID REHOUSING PLUS CARE (RRH+C)
RAPID REHOUSING AND DIVERSION (RRAD)
The story of Richie.....which comes first?
What would you do?
Let’s discuss a couple terms

- Housing first
- Rapid rehousing
Housing First Principles

Motivational Interviewing practices

Progressive engagement/Critical Time Intervention

Intensive Case management/voluntary counseling

RRH+C

Trauma Informed Care lens/ Harm reduction principles
ACE SCORE AND RELATION TO ADULT HOMELESSNESS

What is toxic stress?
Toxic stress is long lasting stress over which the child has very little control. Involving the chronic elevation of stress hormones and a child’s stress response system, it often occurs when a child must confront stressors without a safe, supportive adult to buffer their impact. It can be caused by abuse, neglect, and poverty and other ACEs.¹

What is an ACE?
Adverse childhood experiences (ACEs) are stressful or traumatic experiences, including abuse, neglect and a range of household dysfunction such as witnessing domestic violence, or growing up with substance abuse, mental illness, parental discord, or crime in the home. They can cause toxic stress and can lead to a variety of negative outcomes, including adult homelessness².

Created by Seattle University's Project on Family Homelessness with information from:
1. Harvard
   HTTP://GULU.COM/1J11H7
2. NAKSHA

As childhood adverse experiences accumulate, so does the likelihood of struggling with adult homelessness³.
**Evidenced Based Practices:**

- Motivational Interviewing
- Trauma Informed Care
- Advocacy
- Culture of kindness and relationship development
- Mental health resources, longer term

**Intensive case mgmt**
Voluntary Counseling

**Housing search assistance**
- Assist with applications
- Landlord supports
- Benefits and resource assistance (medical and income, long-term mental health)
- Services at VOA Mission

**Temporary Financial assistance**
- Rent/security deposits/utility assistance/beds/storage/moving
- Progressive engagement
- Critical Time Intervention
SMALL GROUP WORK

- Present the case
- What would you do?
- How would you get them housed?
- Things to consider:
  - Best Practices
  - Relationships
  - Community Support
  - Resources
Housing Stability Plans

- What is important?
  - Client Driven
  - SMART Goals
  - Address/Identify all needs

- HSP Goals
  - Housing
  - Mental Health
  - Physical Health
  - Public Benefits
  - Employment
How do we measure success?

- # People Served
- # People Housed
- # Exited to Permanent housing
- Access to benefits/income
- Recidivism
References and tool kit handout...