2020 Colorado Health Symposium
Exchange Session Call for Proposals

This is a sample of the Exchange Session Call for Proposals form submission. It is intended to help you plan. When you are ready, please submit your proposal through the online form.

We're accepting proposals March 9 through March 27, 2020.

The Colorado Health Foundation is soliciting proposals for interactive 60- and 90-minute Exchange Sessions at the annual Colorado Health Symposium, taking place July 29-31, 2020 in Keystone, Colorado.

A maximum of three presenters is allowed per session. Presenters receive all-access admission to the Symposium and lodging for its duration. Please note: We're striving for an event with a broad array of voices and perspectives. In service to this commitment, participation in the Symposium will be capped at four attendees per organization, regardless of registration type.

About This Year's Symposium: Bridging Ethnicity, Cultural Identity and Health

Colorado’s Native, immigrant and refugee communities continue to face injustices when it comes to their health. Why? There is a clear relationship between culture, race, national origin and the opportunity for good health and overall well-being. We know that racism, oppression and conscious or unconscious bias are key drivers of poor health.

This year’s Colorado Health Symposium: Bridging Ethnicity, Cultural Identity and Health, will shine a light on what gets in the way of Coloradans being their healthiest. We’ll hear from the experts – individuals who live and work within these communities – who fight tirelessly to bring health in reach for their families and neighbors. With their voices leading the way, this year’s Symposium will spark conversations on the role that history, policy and culture play in their ability to thrive. We’ll explore solutions to cultivate shared understanding and prioritize the well-being of Native, immigrant and refugee communities. Let’s get to work.

About Exchange Sessions: What We’re Looking For

Symposium Exchange Sessions engage attendees around cultural practices and capacity building, as well as tangible, solution-focused information and resources. They should provide attendees with actionable or inspiring ideas they can apply to their work in creating a healthier and more equitable Colorado. Session proposals must outline clear learning objectives, have an interactive format and demonstrate cultural competency and a clear connection to the Symposium’s theme.
• **Timing:** Sessions take place throughout the three-day Symposium. If your proposal is accepted, you will be informed of your session time as the Symposium nears. Specific session times can vary and, depending on the proposed format, can run either 60 or 90 minutes in length.

• **Audience:** Sessions are typically attended by 15-75 individuals. This year’s Symposium attendees will include representatives from and service providers within the Native, immigrant and refugee communities, as well as community and grassroots leaders (including youth leaders), nonprofit and funding entities, policy advocates, state agencies, and city and county government officials.

• **Topic/Content:** Sessions should address the relationship between ethnicity, cultural identity, health and well-being. Topics might include: community-driven solutions; intersectional approaches to health and well-being; solutions to navigating complex systems; how to make policies, practices and systems more equitable; innovative approaches that create equitable opportunities for health; identifying and addressing cultural barriers to health; understanding trauma and building resilience in communities.

• **Format:** We encourage you to be creative and consider how to make your session interactive for attendees. Panel-style sessions will not be permitted. Formats including, but not limited to, skill-building workshops, guided discussions, fish bowls, interviews, storytelling, film screenings, hands-on art projects and demonstrations are welcome. Interpretation services, as well as a screen and projection, will be provided.

Use the checklist below as a guide in designing your session:

• **Interactive:** The session encourages communication between attendees and presenters throughout the 60 or 90 minutes.

• **Actionable:** The session offers tangible, solution-focused information and resources that attendees can put to work in their communities.

• **Equity-focused:** Presenters consider the many factors impacting health, including systems of power and structural biases that deepen inequities. Presenters offer solutions that strengthen Native, immigrant and/or refugee communities in Colorado.

• **Asset-oriented:** The session contributes to positive narratives about Native, immigrant and refugee communities and offers examples of community-driven solutions that exist to bring health in reach.

Please, DO NOT submit proposals featuring presenters not connected to or serving Native-, immigrant- and/or refugee-serving organizations or communities; without attention to assets and solutions; or with a lecture or panel format.

**Interpretation Services and Technical Assistance**

If you require language translation or technical assistance to complete or submit your proposal, please email us or text 303-514-9674 with your name and preferred language or technical issue and a member of our team will contact you within 24 business hours.
Proposal Submission Form

Please complete the questions in this form as you would like the information to appear in Symposium materials. If selected, the Foundation may collaborate with you to refine your session title and/or description.

A maximum of three presenters is allowed per session. You will have the option to add co-presenter details after you tell us about Presenter 1 (the primary contact for this proposal).

Use the "Save" button to save your work if you need to return later to continue.

Step 1: Tell us about Presenter 1.
This is the primary contact for this proposal.

First Name
Last Name
Email Address

Are you submitting this proposal as a representative of an organization?
- Yes
- No

If yes:

Organization Name
Title or Role at Organization
Organization Website

Is your organization… (select all that apply)
- Minority-led
- Community-based (A public or private nonprofit that is representative of a community or a significant segment of a community and is engaged in meeting human, educational, environmental or public-safety community needs.)
- None of the above

Does your organization… (select all that apply)
- Work with Native American communities in Colorado
- Work with Native American communities outside of Colorado
- Work with immigrant communities in Colorado
- Work with immigrant communities outside of Colorado
- Work with refugee communities in Colorado
- Work with refugee communities outside of Colorado
- None of the above

Address (If representing an organization, please share the organization's address.)
ZIP code
County
Phone
Presenter Photo (300 x 300 pixels preferred; may be supplied upon proposal acceptance)
Accepted File Formats: JPG, PNG, GIF

Please share social media handles you would like us to use in association with your session. Handles may be used by the Foundation and publicized in Symposium materials.

Facebook URL
Twitter URL
LinkedIn URL

Have you attended the Colorado Health Symposium before? (Select one.)
- Yes
- No
- Unsure or N/A

Is the organization you are representing a current Foundation grantee? (Select one.)
- Yes
- No
- Unsure or N/A

We believe having a diverse range of voices present at the Symposium is critical to bringing health in reach for all Coloradans. By answering the following demographic questions, you will help us do our best to meet the needs of our audience.

Please share your gender identity. (Mark all that apply.):
- Female
- Male
- Gender nonconforming
- Transgender
- A gender identity not listed above
- Prefer not to answer

If gender identity is not listed, please share:

Please share if you identify as a member of the disability community:
- Yes
- No
- Prefer not to answer

Please share if you identify as a member of the LGBTQ community:
- Yes
- No
- Prefer not to answer

Please share if you identify as a member of the immigrant and/or refugee community. (Mark all that apply.)
- Immigrant
- Refugee
- Neither
- Prefer not to answer
With which racial and ethnic group(s) do you identify? (Mark all that apply):
- Native American/Alaska Native/Indigenous
- Hispanic/Latino/Latina/Latinx
- White
- Asian/Asian American
- Middle Eastern/North African
- Black/African American
- Native Hawaiian/Pacific Islander
- Another race or ethnicity not listed above
- Prefer not to answer

Please include any specific ethnicities you wish to share in the space below. Examples of ethnicities include: German, Korean, Midwesterner (American), Mexican American, Navajo Nation, Puerto Rican, Southerner (American), Chinese, etc. You may report more than one group. Ethnicity(s):

How did you learn about this Call for Proposals? (Select one.)
- Email
- Social Media
- Foundation Staff
- Coworker
- Other

If Other: Please tell us how you heard about this (if from an individual, please list their name):

If Foundation Staff: Please list the Foundation staff person's name:

Now, tell us about your co-presenters.

Co-Presenter

First Name
Last Name
Email Address

Organization Name, if applicable
Title or Role at Organization, if applicable

Presenter Photo (300 x 300 pixels preferred; may be supplied upon proposal acceptance)
Accepted File Formats: JPG, PNG, GIF

[Remove this section if you don't have a co-presenter.]
[Add Another Co-Presenter]
Step 2: Tell us about your proposed session.

Proposed Session Title (max 10 words):

Proposed Session Description (max 750 characters):

Proposed Session Format (choose one):

- **Guided Discussion:** A facilitated conversation among attendees that creates an open dialogue of diverse perspectives, experience and expertise related to a specific topic.
- **Brainstorm:** A facilitated discussion that generates a multitude of ideas, solutions and approaches to an expressed challenge or opportunity.
- **World café:** Small groups of attendees discuss designated topics at tables and switch tables periodically.
- **Fishbowl:** Attendees are separated into an inner and outer circle of chairs. Attendees in the inner circle (the “fishbowl”) have a discussion while attendees in the outer circle listen. Leave a couple seats open in the inner circle and invite people in the outer circle to take a seat temporarily if they have a question to ask or something to contribute to the conversation.
- **Interview:** An interviewer and interviewee have a conversation in front of an audience and audience members are invited to ask questions during a Q&A period.
- **Storytelling:** A presenter shares a story about their lived experience (or the lived experience of someone they know) to demonstrate the impact policies, practices and systems have on people’s lives. This format helps attendees understand the context in which people must make decisions impacting their health.
- **Film screening:** Attendees watch a film and participate in a facilitated discussion about the topic of the film.
- **Skill-building workshop:** A series of structured activities that help attendees learn about, cultivate and apply a skill.
- **Hands-on art project:** This format provides attendees with the chance to listen, learn and reflect on concepts presented while using their creativity.
- **Demonstration:** An opportunity to showcase the traditions, ceremonies, food, art, dance, music and more of a culture or community.
- **Other**

If Other, please describe:

What setting would be ideal for your session? (Outdoor sessions will need to take place indoors in the case of inclement weather.)

- Indoor
- Outdoor

What language will the session be presented in? (Interpretation services can be provided to aid communication between attendees and presenters.)

Proposed Session Length:

- 60 mins
- 90 mins
Session Learning Objectives: Please list 3-5 things attendees can expect to learn from your session. (500 characters max)

Intended Audience: Describe the individuals you hope to reach/would likely attend your session. (250 characters max)

The Symposium brings people with various viewpoints and life experiences from all parts of Colorado. As such, it’s important that we create a safe space for people to share and connect around a diversity of opinions and ideas. What will you do to create this type of environment in your session? (500 characters max)

Please attach biographies for all presenters. If you don’t have a biography, help us get to know a little about you by uploading a file containing 3-5 sentences about yourself. Additionally, feel free to provide materials from other conference sessions/events you have designed or presented, such as video links, testimonials, descriptions and agendas. You may upload multiple files using the "Upload File" button below. Accepted file formats: Word, Excel, TXT, PDF, JPG, PNG, PPT, MP4, MOV, RTF, BMP, GIF, ZIP

The presenters associated with your session (limited to three total) will receive all-access admission to the Symposium (the cost of registration is waved) and lodging. Are there other barriers that would prevent you from attending if your session proposal is accepted? (500 characters max)

Step 3: Review your submission.