

# Supporting Healthy Minds and Youth Resiliency

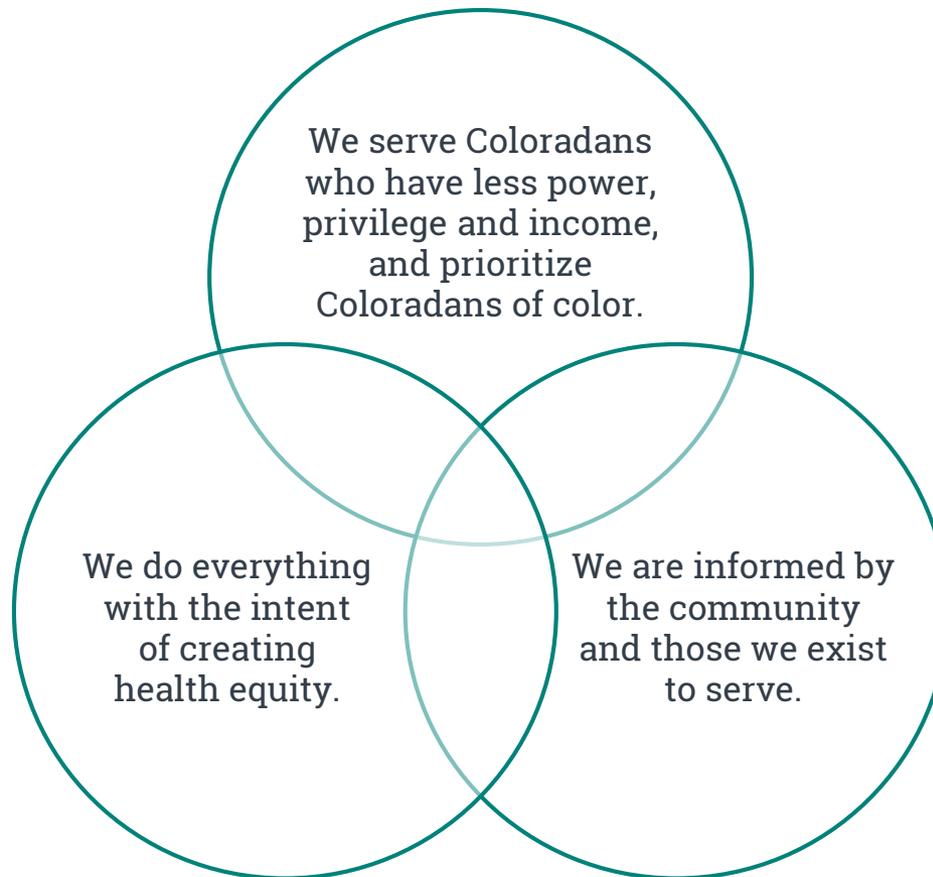
A FUNDING OPPORTUNITY



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# Cornerstones of Our Work

*THE PROMISE OF OUR WORK, AND THAT WHICH WE EXPECT FROM OUR PARTNERS*



# Funding Priorities



## EQUITY AT THE HEART

- Primary Care
- Children Move More

- Early Childhood Social-Emotional Development
- Youth and Young Adult Resiliency
- Adult Recovery

- Community Solutions
- Food Access and Security
- Affordable Housing

- Advocacy
- Capacity Building

Cross-Cutting Effort: Locally-Focused Work



# Focus Area: Nurture Healthy Minds

***What are we doing in this area?*** We are addressing the behavioral health needs of our state by fostering the social-emotional development of children, equipping youth and young adults with resiliency skills, and giving adults – with mental health and substance abuse challenges – continued support on their recovery journey.

## **What are our priorities?**

We focus our work on the three following priorities:

- Early Childhood Social-Emotional Development
- **Youth and Young Adult Resiliency**
- Adult Recovery



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## Priority: Youth and Young Adult Resiliency

Ensure youth and young adults have the coping skills they need to handle life challenges, with a specific focus on:

- Youth of color
- LGBTQ youth



# The Funding Opportunity



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# We know that inequities exist...

- **Nearly 35% of high school students** in Colorado report symptoms of clinical depression.
- **Black and Latinx youth** report higher rates of symptoms of anxiety and depression than white counterparts. Rates of accessing mental health care in the ER **increased 30%** from 2019 to 2020.
- **40% of LGBTQ youth** seriously considered attempting suicide in the last 12 months; 68% reported symptoms of generalized anxiety disorder in the past two weeks.





# Supporting Healthy Minds

## *FUNDING OPPORTUNITY OVERVIEW*

CHF is looking to support youth of color and LGBTQ youth as they explore and grow their resiliency through **identity**, **agency** and **belonging**.

Organizations may seek up to two years of program or project support funding for maintenance, enhancement or expansion.



# Identity, Agency and Belonging

*OUR CRITERIA FOCUS*

Identity, agency and belonging are a central focus of this opportunity, and are defined as:

**Identity:** Refers to our sense of who we are as individuals and as members of social groups. Identities grow in response to both internal and external factors.

**Agency:** Youth perceive and have the ability to employ their assets and aspirations to make or influence their own decisions about their lives and set their own goals, as well as to act upon those decisions in order to achieve desired outcomes.

**Belonging:** Youth feel like valued members of the community and live in relationships that provide mutual support and care.



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# Funding Criteria

*ORGANIZATIONS MUST MEET THE FOLLOWING CRITERIA*

Include the same group of young people and adults meeting over a sustained period of time to foster strong relationships and learning.

Support young people as they build their skills and/or develop in each of the following areas: identity, agency and belonging

Respond to cultural dynamics of the engaged group at the community, programmatic and organizational levels.

← **ARRAY OF YOUTH PROGRAMMING** →



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# Examples of Work We're Interested In

*PROGRAMS OR PROJECTS WE'RE INTERESTED IN FUNDING*



# Need-to-Know Grant Info

**GRANT TERM LENGTH:** Two years

**GRANT AWARD RANGE:** \$150K - \$250K

**GRANT DECISION:** Mid-September

## GRANT DEADLINES:

- June 15, 2021
- June 15, 2022



**Questions?**



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